

Said by GNH networkers:

*We need to undertake a "Copernican revolution" in our approach to welfare and abundance!"*

*(Anna Rosengren)*

*"It is so much easier to work with resilience when there is a clear common vision, rather than merely efficiency or economical prosperity, that fuels the initiatives."*

*(Rishab Khanna)*

*"Whatever our vision - we need to start with ourselves!"*

*(Marilyn Mehlmann)*

*GNH Framework and Index provide the best way to identify how sustainability actually works for people.*

*(Stephen Hinton)*

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## WHAT IF ...



Natural welfare

*What if you and your organization would contribute to global natural harmony?*

*What if you would leverage your human capacity more than you ever imagined?*

*What might be possible if you and your team spent one year in total transformation?*

GNH SWEDEN  
**COMMUNITY OF PRACTICE**

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## GNH LEADERSHIP

COMMUNITY OF PRACTICE

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GNH Leadership is a community of practice that leverages sustainability, transforming mindsets and collaborative skills to serve next generation.

Based on the profound principles of Gross National Happiness.



*GNH, Gross National Happiness, is Bhutan's model for sustainable welfare by balancing nine dimensions.*

#### ABOUT GNH LEADERSHIP

**GNH Leadership** is a one-year program for individuals and organizations wishing to contribute to global resilience and welfare on a larger scale. It retrieves its basic structure, values and principles from GNH and applies research-based frameworks such as Theory U, TEAL and Integral Theory.

**GNH** has already inspired many within global minded organizations, such as Scotland's government and Google, to expand and contribute to systemic change.

As a participant in the program, you will work with your own project, grounded in your organization, throughout the programme. Using the programme's resources, you will leverage it to a level of systemic change and sustainable impact. The process will transform both yourself and your organization as well as its larger context.

We will do this by module-workshops, cross-sector coaching groups, individual support and digital tools.

The modules are 12 days in total. In between the modules, you will be offered other learning formats, and you decide yourself how much time you need to complete the assignment,

By the end of the year, you and your organization will have expanded considerably in terms of mindsets, worldviews, self image and impact as an actor on the global arena.

# GNH LEADERSHIP - SYSTEMIC IMPACT

## DEEP PROCESS - DIGITAL PLATFORM - COACHING TEAMS - INDIVIDUAL SUPPORT

The basic structure is based on deep process combined with online sessions, coaching teams and individual support.

## BASIC STRUCTURE

### PRELUDE:

- GNH based values and paradigm
- Forming your global project
- Transformation methods
- Mindful awareness in action

### MODULE 1: YOU AND YOUR PROJECT

*Clarify your project and leverage your personal resources to serve its purpose. GNH dimensions 1-3.*

- Time & Attention Management
- Natural wisdom & compassion
- Inner Wellbeing & Inner Core

### MODULE 2-3: YOUR PROJECT AND ITS CONTEXT

*See your project in its context and learn to manage, lead and communicate in a more strategic way. GNH dimensions 3-6.*

- Participation & Trust
- Health & Body Wisdom
- Diversity & Global Mindsets
- Communication & Learning Strategies
- Systemic Leadership & Integral Governance
- New Economic and Business Models

### MODULE 4-6: OUR COMMON GLOBAL MISSION

*We transform our context in co-creative dialogue with global networks. GNH dimensions 6-9.*

- GNH Leadership & Empowerment
- Mandala Organisations
- Emerging visions

### GLOBAL JOURNEY: WE TRAVEL TO BHUTAN

*Those who wish travel together to Bhutan to learn and connect to others who work with the program and/or GNH*

### POSTLUDE:

*Applications & further steps toward global mindsets & actions*



*Systemic impact*